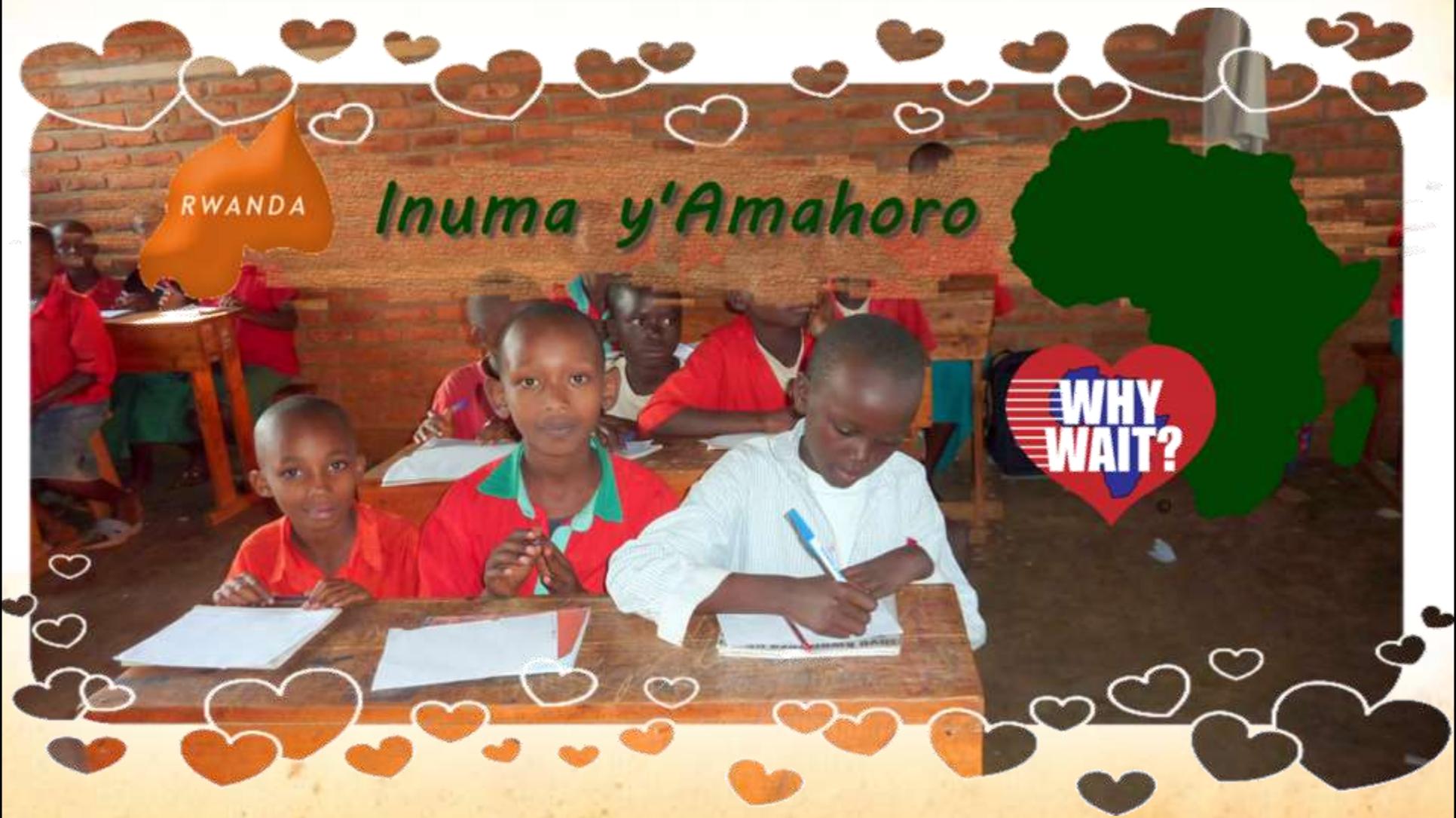




TRUTH
for **YOUTH**

RWANDA

Inuma y'Amahoro





The PROBLEM

- ♥ 5 millions youths, between 15-24, are currently HIV+
- ♥ 41% of the new HIV infections are among the youth
- ♥ 11% of adolescent girls are sexually active before 15
- ♥ 16 million births to teenagers occur every year
- ♥ 614 pregnant female students dropped out of Secondary Schools in Rwanda in 2011



The ANSWER

The current strategies for AIDS prevention:

- ✓ Male circumcision
- ✓ Condoms
- ✓ Prevention Mother-Child-Transmission
- ✓ HIV gender
- ✓ HIV youth
- ✓ Reduction of the number of partners
- ✓ Promotion of faithfulness

*The WHY WAIT? Life Skills Curriculum is a **comprehensive teaching program** taking in consideration all the above strategies but encouraging:*

- ♥ Delay of the first sexual experience
- ♥ Abstinence/ Faithfulness



The ANSWER

The WHY WAIT? Life Skills curriculum hinges on the ABCs of HIV/AIDS prevention to curtail the further spread of the AIDS pandemic in Rwanda



The ANSWER

A for Abstinence

B for Being faithful

C for Character, Conduct,
Compassion, Commitment



The ANSWER

Our children need more than “just” knowledge and facts about AIDS to protect themselves !



The ANSWER

*The WHY WAIT?
CURRICULUM
PROVIDES A LOT
MORE !*

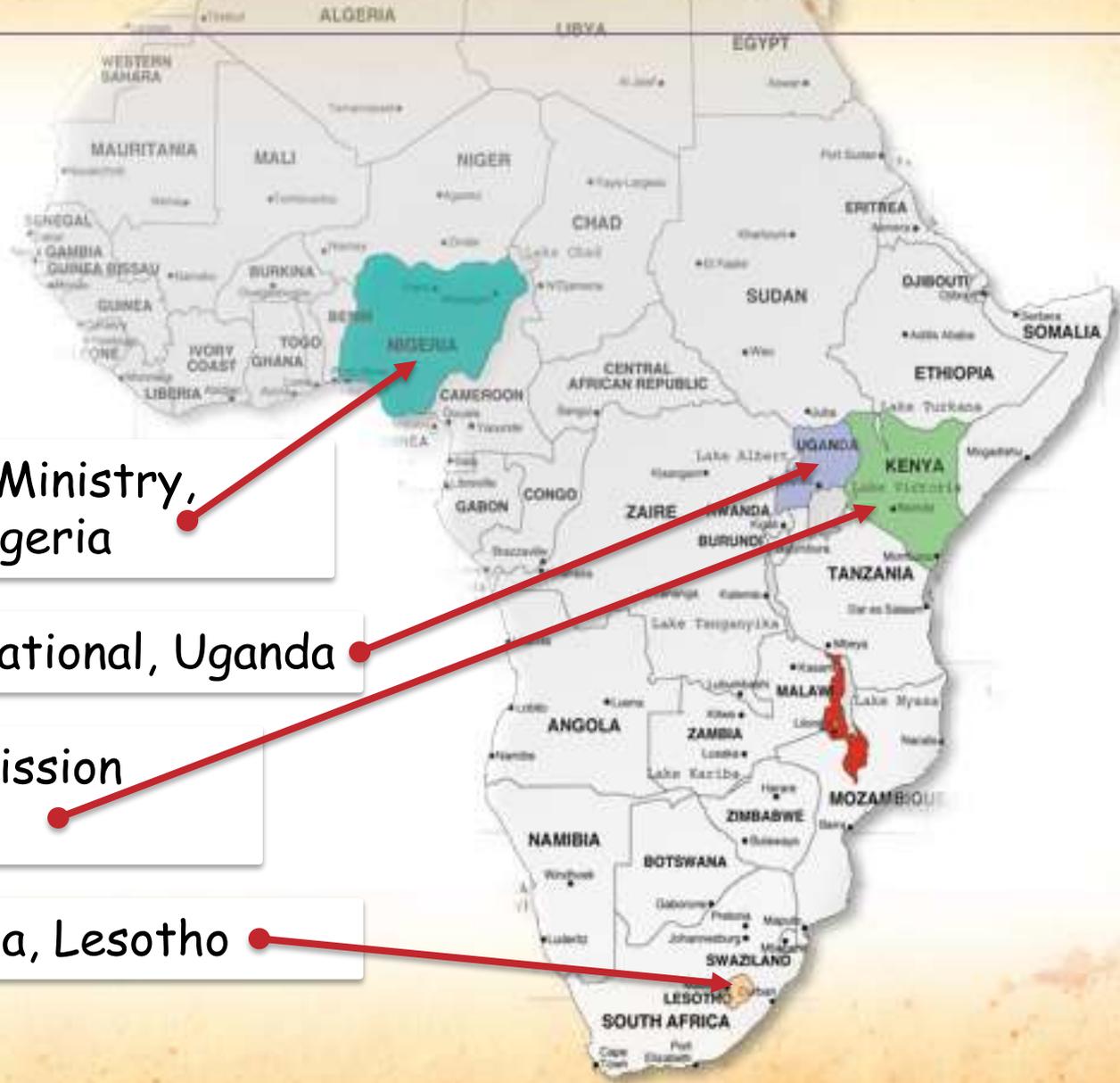


WHY WAIT? HISTORY

- ♥ 1994: SAFE Malawi develop the WHY WAIT? Life Skills Curriculum at the request of the Malawi Minister of Education
- ♥ 1995: the curriculum is field-tested and implemented in many schools
- ♥ 2000+: The curriculum is exported to a number of other African countries



INTERNATIONAL PROGRAMS



♥ New Life for All Ministry,
Plateau State, Nigeria

♥ Emmanuel International, Uganda

♥ African Inland Mission
(AIM/AIC), Kenya

♥ TRUST for Africa, Lesotho



WHY WAIT? RWANDA HISTORY

- ♥ 2010: WHY WAIT? is introduced in Rwanda by Inuma y'Amahoro
- ♥ 2010: first workshop for training of teachers
- ♥ 2011: implementation of the program in 7 pilot schools
- ♥ 2012: a 3 year proposal is introduced at Mineduc/REB to work with private schools



CURRICULUM GOALS

WHY WAIT? is an 8-year program, one lesson per week P5 until S6.

A college-level module course is also available, and a P1-P4 curriculum is almost finished.

The goals are as follows:



CURRICULUM GOALS

- ♥ **Educating** the school children and youth of Rwanda in principles of character, moral development and sexual purity
- ♥ **Helping** them to develop healthy self-concepts
- ♥ **Empowering** them to withstand social and sexual pressures, so as to live in sexual abstinence until marriage



RATIONALE

- ♥ Give youth sensible reasons to make good decisions for their lives
- ♥ Provide hope for their future
- ♥ Provide skills and tools to make healthy moral choices



THEME

♥ You are worth waiting for!

♥ You are special!



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CURRICULUM OBJECTIVES

The overall objective is:

- ♥ to positively impact the lives of the youth in their schools and in their communities
- ♥ to curtail the further spread of HIV/AIDS



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CURRICULUM OBJECTIVES

♥ to impact the teachers:

- ☞ through training
- ☞ through encouraging them in healthy lifestyles
- ☞ through challenging them to become positive role-models



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CURRICULUM OBJECTIVES

The WHY WAIT? curriculum addresses the importance of the worldview which shapes:

- ♥ Individual beliefs
- ♥ Values
- ♥ Character
- ♥ Feelings
- **BEHAVIOR**



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CURRICULUM OBJECTIVES

The objectives are to transfer to students:

♥ Knowledge: *what* to do *and*
why to do it

♥ Skills: *how* to do it

♥ Desire: *to do* it



**WHY
WAIT?**
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CURRICULUM OBJECTIVES

Extended teaching on fundamental concepts:

- ♥ Human dignity
- ♥ Equality
- ♥ Rights
- ♥ Security
- ♥ Respect
- ♥ Unity



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CURRICULUM OBJECTIVES

These are:

- ☞ Uniquely relevant to Rwandan history
- ☞ Encouraging unity and reconciliation

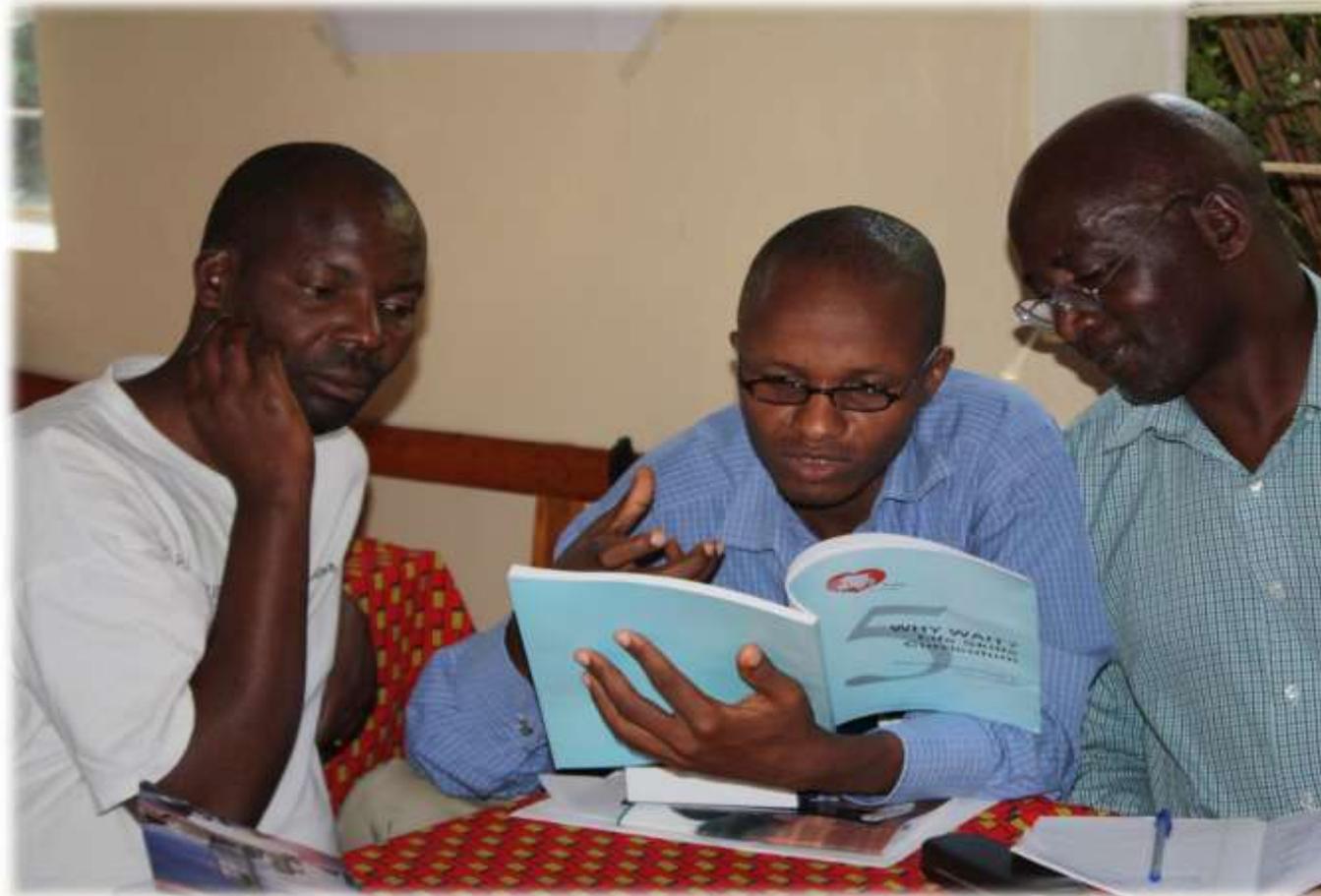
LEARNING CYCLE:

- ☞ Readiness
- ☞ Explore
- ☞ Discover
- ☞ Appropriate
- ☞ Assume responsibility

Jigsaw Puzzle:

- 
- Art
 - Drama
 - Music
 - Oral communication
 - Creative writing
 - Research
 - Games

- ♥ Behavior change among the teachers, even during training
- ♥ Breaking the "culture of silence" about HIV/AIDS



- ♥ Excitement about the program
- ♥ Implementation of the program not only in schools but even in families, churches and communities



IMPACT of LESSONS



- ♥ delay of first sexual experience
- ♥ reduction in dropout rates
- ♥ reduction in rate of early pregnancies

IMPACT of LESSONS



♥ Increase of self-worth, self-respect and self-control

♥ Increased sense of responsibility and proactivity

♥ Building unity and encouraging reconciliation



CONCLUSION

- ♥ WHY WAIT to make the right choices which will impact the rest of your life?
- ♥ WHY WAIT to decide to have an AIDS-free future?



CONCLUSION

- ♥ WHY WAIT to be a positive influence on your peers?
- ♥ WHY WAIT to do what you can to build your country and bring unity in your nation?



Thank you for your attention

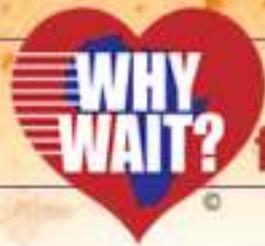
May God bless you abundantly

Myriam Bonvallat

Inuma Y'amahoro AIDS coordinator

Cell: 0788 438 632

Email: myrillesm@gmail.com



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Inuma y'Amahoro





Group Discussion

- ➡ HOW/WHY a life skills curriculum such as WHY WAIT? could be useful in schools in Rwanda?
- ➡ WHAT are the key elements for a successful implementation of that program in our schools?



Why a faith based curriculum?

- ➡ Religion is/has been a primary influence in shaping moral values/behavior
- ➡ The Bible is historically reliable: events, principles of human nature
- ➡ Jesus-Christ is a model: his character, his impact on mind kind.